Multiple Intelligences and Learning Styles

Multiple intelligences inventory

Question Answer each question by putting a tick in the column beside it.	Always True of Me	Often True of Me	Sometimes True of Me	Rarely or Never True of Me
1. Books are very important to me.				
2. I can easily compute numbers in my head				
3. I see clear visual images when I close my eyes.				
4. I engage in at least one sport or physical activity on a regular basis.				
5. I have a pleasant singing voice.				
6. I'm the sort of person that people come to for advice and counsel at work or in my neighbourhood.				
7. I regularly spend time alone meditating, reflecting or thinking about				
important life questions.				
8. I like to spend time backpacking, hiking or just walking in nature.				
9. I prefer group sports like badminton, volleyball or softball to solo				
sports such as swimming and jogging.				
10. I'm sensitive to colour.				
11. I hear words in my head before I read, speak or write them down.				
12. I can tell when a musical note is off-key.				
13. I have attended counselling sessions or personal growth seminars				
to learn more about myself.				
14. I'm interested in new developments in science.				
15. I find it difficult to sit still for long periods of time.				
16. I belong to some kind of volunteer organization related to nature				
and I'm concerned about helping to save nature from further				
destruction.				
17. I thrive on having animals around the house.				
18. I am able to respond to setbacks with resilience.				
19. I get more out of listening to the radio or a spoken-word cassette than I do from television or films.				
20. I enjoy playing games or solving brainteasers that require logical thinking.				
21. I frequently use a camera or camcorder to record what I see				
around me.				
22. I like working with my hands at concrete activities such as sewing,				
weaving, carving, carpentry or model building.				
23. I frequently listen to music on radio records, cassettes or CDs.				
24. I play a musical instrument.				
25. When I have a problem I am more likely to seek out another				
person for help than attempt to work it out on my own.				
26. I'm involved in a hobby that involves nature in some way.				
27. I have a special hobby or interest that I keep pretty much to				

myself.		
28. I enjoy word games like Scrabble, Anagrams or Cross Words.		
29. My mind searches for patterns, regularities or logical sequences in		
things.		
30. I believe that almost everything has a rational explanation.		
31. My conversation includes frequent references to things that I've		
read or heard.		
32. I like to get involved in social activities connected with my work,		
church or community.		
33. My best ideas often come to me when I'm out for a long walk or a		
jog, or when I'm engaging in some other kind of physical activity.		
34. I sometimes catch myself walking down the street with a		
television jingle or other tune running through my mind.		
35. I have some important goals in my life that I think about on a		
regular basis.		
36. When on vacation, I prefer to go off to a natural setting (park,		
campground, hiking trail) rather than to a hotel/resort or city/cultural		
location.		
37. I can generally find my way around unfamiliar territory.		
38. I feel comfortable in the midst of a crowd.		
39. I enjoy doing jigsaw puzzles, mazes or other visual puzzles.		
40. I frequently use hand gestures or other forms of body language		
when conversing with someone.		

Score Sheet for Multiple Intelligence Inventory for Adults

Look at your responses on the Question sheet and score 4 points for each 'Always True of Me', 3 points for 'Often True of Me', 2 points for 'Sometimes True of Me' and 1 point for 'Rarely or Never True of Me' response.

Q Number	Score	Q Number	Score	Q Number	Score	Q Number	Score
1		2		3		4	
11		14		10		15	
19		20		21		22	
28		29		37		33	
31		30		39		40	
Word Smart		Math/ Logic		Picture Smart		Body Smart Total	
Total		Smart Total		Total			

Q Number	Score						
5		6		7		8	
12		9		13		16	
23		25		18		17	

24	32	27	26	
34	38	35	36	
Music Smart	Group Smart	Self Smart Total	Nature Smart	
Total	Total		Total	

Relative Strengths Chart: Write in the scores for each smart in order from the highest score to lowest score

Order	Score	Smart
1st		
2nd		
3rd		
4th		
5th		
6th		
7th		
8th		

Projects, Presentations and Performances using Multiple Intelligences

Verbal/Linguistic Intelligence ("Word Smarts")					
Write a character sketch	Debating	Creative Writing	Making a speech		
Telling jokes	Impromptu Speaking	Reading	Storytelling		
Studying vocabulary	Creating a newspaper or magazine	Taking part in a mock trial	Creating a pamphlet or brochure		
Creating a class slogan or motto	Creating a crossword puzzle	Designing a checklist	Creating a podcast		
Having a conversation	Participating in a literature circle				

Writing a(n): research paper, essay, biography, letter to the editor, journal, summary, dialogue, fairy tale, myth or legend, report, persuasive argument

tale, myth or legend, re	tale, myth or legend, report, persuasive argument						
Logical/Mathematical Intelligence ("Math and Logic Smarts")							
Designing a maze or puzzle	Investigating a problem	Making an outline	Designing a matrix				
Making a Venn diagram	Using a Carroll diagram	Creating an analogy	Constructing a timeline				
Constructing a chart or graph	Using a graphic organizer	Developing a theory	Analyzing trends and patterns				
Developing a formula	Computing an answer	Forming relationships	Making a storyboard				
Doing an evaluation or rating	Recording data or information	Analysing	Making a flow chart				
Designing a survey	Making plans	Calculating	Playing logic/pattern games				
Finding a pattern	Making ifthendeductions	Creating and deciphering codes	Making analogies				
Visual/Spatial Intelligen	ce ("Space and Art Smarts	5")					
Drawing, sketching or painting	Illustrating	Making a model	Designing a website				
Creating a comic strip	Making a sculpture	Guided imagery	Mind mapping				
Creating patterns or designs	Making a mural	Making a poster	Making a map				
Making a collage	Making visual aids for a presentation	Taking photographs	Making a mobile				
Making a collage Designing a structure	_	Taking photographs Graphic design	Making a mobile Making photo slideshows				
	a presentation		Making photo				

Bodily/Kinesthetic Intell	igence ("Body Smarts")				
Role play	Dramatizing	Performing a skit	Pantomiming		
Creating a human tableau	Performing dance or creative movement	Making a videotape or video podcast	Constructing a model		
Doing an experiment	Developing an invention	Doing a parody	Creating a human graph		
Using the computer	Using manipulativeS	Creating an active game	Using body language		
Musical Intelligence ("N	lusic Smarts")				
Performing music	Composing lyrics	Performing in a musical	Performing or writing a rap		
Creating a jingle	Performing rhythms with percussion	Doing a choral reading	Using natural sounds to illustrate concepts		
Playing an instrument	Improvising music	Writing music	Doing dramatic readings		
Interpersonal Intelligen	ce ("People Smarts")				
Working on a group activity	Participating in a discussion	Conducting an interview	Debating personal thoughts, ideas and perspectives		
Building consensus within a group	Solving problems with a group	Paraphrasing others' ideas	Planning a campaign for an issue		
Doing a volunteer project	Participating in a roundtable discussion	Organizing an event or activity	Helping with conflict resolution		
Peer counselling	Peer teaching	Giving feedback to others	Jigsaw		
Investigating points of view on an issue					
Intrapersonal Intelligen	ce ("Self Smarts")				
Keeping a journal or diary	Keeping a personal log or record	Summarizing your ideas or beliefs	Setting personal goals		
Identifying your belief about an issue	Self-assessment and reflection	Developing support for a personal opinion	Presenting your personal opinion		
Emotional processing	Concentration	Independent projects	Reflection journals		
Naturalist Intelligence ("Nature Smarts")					
Identifying patterns	Classifying objects	Making predictions	Exploring a theme or topic		
Creating a collection	Participating in a simulation	Making a display of objects	Making comparisons		
Planning a walking tour (math walk)	Investigating how things work	Designing museums or exhibits	Conducting observations		
Identifying problems	Solving problems	Nature world simulations	Nature observation		

Ideas from Differentiating Instruction in the Regular Classroom: How to Reach and Teach all Learners, Grades 3-12 by Diane Heacox and Eight Ways of Teaching: The Artistry of Teaching with Multiple Intelligences, 4th Ed. By David Lazear